



## **Carnforth Rotary - International Project – Tanzania**

### ***Transforming lives with the gift of mobility***

Carnforth Rotary helps worthy causes both in the UK and overseas, and has been collecting used wheel chairs, crutches and other mobility aids to help people of all ages in developing countries for the past three years.

Working with our Queens Award winning partner PhysioNet, we have now collected enough physiotherapy and mobility equipment from local sources, for our next shipment. This includes wheel chairs, crutches, walking frames and other essential equipment ready to ship to St Elizabeth's hospital in Arusha, Tanzania.

Expats from the UK will then oversee distribution to those in need.

We have raised most of the funding needed for sea freight from the UK to the port of Tanga on the mainland of Tanzania, north of the island of Zanzibar and need your help to raise £800 and complete the funding. Any additional funds raised will be utilised to help continue the collection and distribution of mobility aids.

**Please therefore, take part in our sponsored walk along the  
Lancaster Canal  
on Saturday 6<sup>th</sup> October 2018  
The Water Witch, Lancaster to The Longlands, Tewitfield  
a distance of approximately 12 miles, starting from 10am**

There are stop/start points at  
The Water Witch, Lancaster (start time 10am)  
The Hest Bank Hotel, Hest Bank (start time 12pm)  
The Canal Turn, Carnforth (start time 1pm)

Water Witch to Hest Bank approx. 5.5 miles  
Hest Bank to The Canal Turn approx. 2.5 miles  
The Canal Turn to The Longlands approx. 4 miles

You can choose how far you would like to walk and where you would like to start and finish.



Registration will be open 30 minutes before the start times at each location.





# PLEASE SPONSOR ME TO HELP SEND MOBILITY AIDS TO TANZANIA

I am undertaking to walk from \_\_\_\_\_ to \_\_\_\_\_ a distance of \_\_\_\_\_ miles.  
(Please insert your start and stop points and the distance from the information overleaf)

Name of walker/group \_\_\_\_\_

Full Name	House number or name	Post Code	Donated Amount	Gift Aid (please tick)	Collected Amount
Eg Anne Anderson	The Cottage	LA1 1AA	£5.00	<input checked="" type="checkbox"/>	£5.00
<b>TOTAL</b>					

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By ticking the Gift Aid box, every pound you sponsor or donate can be worth £ 1.25.

By ticking the Gift Aid you are agreeing "I want the charity to reclaim tax on my donation detailed above on the date shown. I confirm I am a UK taxpayer and understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount Gift Aid claimed on all my donations it is my responsibility to pay any difference."